

OAKLAND SOCCER CAMPS L.L.C

PO Box 80884

Rochester, MI 48308-0884

(248) 894-9198

POGUE@OAKLAND.EDU

WWW.OAKLANDSOCCERCAMPS.COM

Thank you for your deposit for the Oakland High School Team Camp. In order to accelerate the registration process, it is recommended that your team's balance be paid *prior* to registration on Friday, July 27, 2012. However, it is still possible to pay the balance at registration if necessary.

The following information should assist you in preparing your team for camp:

Check-in: Your team *must* check-in at the Oakland University Athletics Center between 4pm and 5pm on Friday, July 27, 2011. Attached are maps of Oakland University and the Rochester area.

Roommates: Roommates will be assigned by the high school coach (two per room). Please use the attached room list and bring it with you when you register.

Linens: Resident campers *must* bring their own linens including sheets, blankets or sleeping bags, pillows and pillowcases, and towels.

Equipment: Each camper should bring proper soccer playing equipment (cleats, shin guards, soccer shorts/shirt). The camp will provide balls, scrimmage vests, cones and water.

Medical Forms: Each camper *must* fill out the enclosed medical forms and bring it to registration. Campers *must* have completed medical form on file in order to participate in camp.

Check-out: All campers *must* check-out from camp at 3pm on Sunday, July 29, 2012 at the Residence Halls.

Add. Info.: Please call Executive Camp Director Eric Pogue at (248) 370-3122 Office, (248) 894-9198 Cell or email Eric at pogue@oakland.edu.

Once again, thank you for your deposit. We look forward to your participation in this year's high school team camp!

Sincerely,

Eric Pogue
Executive Camp Director

**Oakland Soccer Camp
High School Team Camp
Rooming List
July 27-29, 2012**

High School Team: _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

13. _____

14. _____

15. _____

16. _____

17. _____

18. _____

19. _____

20. _____

Coaches

**OAKLAND SOCCER CAMPS
SUMMER 2012
TEAM CAMP SCHEDULE**

July 27-29, 2012

*Check In Friday 4-5pm Oakland University Athletics Center Lobby
5:30pm HS Coaches Meeting (Dorms)

• **Friday July 27, 2012**

6pm Players meet in Dorm Lobby to go to fields
6:30-8:30pm Training Session #1
9pm Pizza and Soda in Dorms
11pm Lights Out

• **Saturday July 28, 2012**

7am Wake Up
7:30am Breakfast
9am Team Warm-Up
9:30am-11am Round Robin Games (Lower Soccer fields)
11:30am Lunch
Noon-1pm Open Swim-Athletics Center Pool
12:45pm Rest Period
2-4pm Technical/Tactical Training Session #2 (Lower Soccer fields)
4:45pm Dinner
6:30pm Team Warm-Up
7-8:30pm Round Robin Games (Lower Soccer fields)
9-10pm Movies and/or Swimming*
11pm Lights Out

• **Sunday July 29, 2012**

7am Wake Up
7:30am Breakfast
9-11am Training Session #3 (Lower Soccer fields)
11:30am Lunch
1pm Team Warm-up
1:30-3pm Round Robin Games
3pm Check Out of Residence Hall

Resident Campers, please remember to bring:

- Linens, blankets and/or sleeping bag, pillow and towels
- Toiletries
- Sun Block
- Room Fan
- All other room items are optional
- Please limit spending money (pizza, juice/pop/Gatorade, misc.)

All Campers, please remember to bring for soccer:

***SOCCER BALLS/WATER PROVIDED FOR THE WEEK BY THE CAMP!**

- Soccer Cleats
- Sneakers/Gym Shoes
- Shin Guards
- Soccer Shirts and Shorts (Shirtless is not allowed)
- Soccer Socks
- Sweats
- Raingear
- Swim Suit

**Swim sessions are dependent upon pool availability*

OAKLAND SOCCER CAMPS L.L.C
Summer Camp Medical Information and Release for Treatment

Date of Camp: _____

Child's Name: _____ Date of Birth: _____

Parent(s)/Guardian(s) Name: _____

Home Address: _____

Telephone #: _____ Work #: _____ Cell #: _____

Secondary Contact Source in Case of Emergency: Name _____

Telephone #: _____ Work #: _____ Cell #: _____

**** If my child needs medical treatment while participating at Oakland Soccer Camps, I give my permission for treatment to be given immediately.

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Insurance Information

Insurance Co.: _____ Member's Name: _____

Group #: _____ Policy #: _____

ID #: _____ Service Code: _____

Medical Information

1. If your child is presently taking any medication, please indicate what type and why: _____

2. Please list any drug sensitivities: _____

3. Please list any allergies: _____

4. Please list your child's medical problems and/or significant injuries that the medical staff at Oakland Soccer Camps should be made aware of: _____

5. Date of your child's last tetanus shot (if known): _____

Thank you for your cooperation in filling out this important emergency information

Oakland Soccer Camps L.L.C



Welcome:

In order to provide the safest and most enjoyable camp experience possible each camper will benefit from the same sports medicine team that provides care to the Oakland University Golden Grizzlies. Each camp features:

- Athletic Trainer on site
- Board Certified Sports Medicine Physician on call

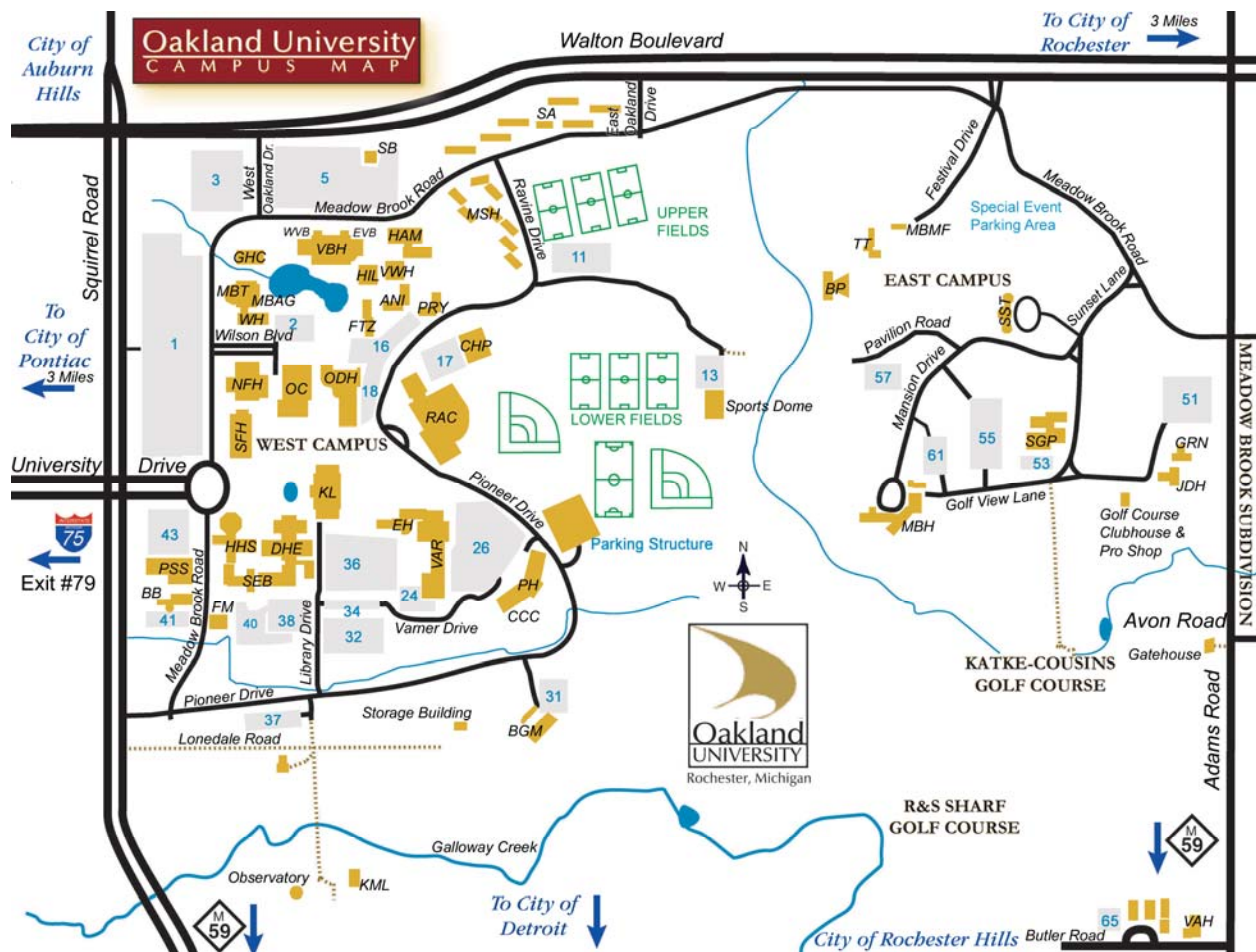
On behalf of the sports medicine team, we wish you a fun and healthy camp experience.

Sincerely,

Sami F. Rifat, M.D., FACSM
Head Team Physician, Oakland University

Specializing in the care of active individuals of all ages

- Acute Musculoskeletal Injuries
- Concussions and Head Injuries
- Tendinitis and Overuse Injuries
- Running Injuries
- Breathing Difficulty with Exercise
- Neck and Back Pain
- Knee Pain and Injuries
- Foot and Ankle Problems
- Performance Enhancement
- Shoulder Pain and Injuries
- Sports Physicals



	Waterways	ANI	Anibal House	MBT	Meadow Brook Theatre
	Buildings	BB	Belgian Barn	MSH	George T. Matthews Apartments
	Building Names	BGM	Building and Grounds Maintenance	NFH	North Foundation Hall
	Parking Lots	BP	Baldwin Memorial Pavilion	OC	Oakland Center
	Surfaced Road	CCC	Lowry Early Childhood Education Center	ODH	O'Dowd Hall
	Gravel Road	CHP	Central Heating Plant	PH	Pawley Hall
	Local City	DHE	Dodge Hall of Engineering	PRY	Prayle House
	Road Name	EH	Elliott Hall of Business & Information Technology	PSS	Police & Support Services Building
	Building Under Const.	FM	Facilities Management	RAC	Recreation and Athletics Center (O'Rena)
		FTZ	Fitzgerald House	SA	Student Apartments
		GHC	Graham Health Center	SB	Sheep Barn
		GRN	Meadow Brook Greenhouse	SEB	Science & Engineering Building
		HAM	Hamlin Hall	SFH	South Foundation Hall
		HHS	Hannah Hall of Science	SGP	Shotwell-Gustafson Pavilion
		HIL	Hill House	SST	Sunset Terrace
		JDH	John Dodge House	TT	Trumbull Terrace
		KL	Kresge Library	VH	Varner House
		KML	Kettering Magnetics Lab	VAR	Varner Hall, Studio Theatre and Recital Hall
		MBAG	Meadow Brook Art Gallery	VBH (EVB/WVB)	Vandenberg Hall (East / West)
		MBH	Meadow Brook Hall and Carriage House	VWH	Van Wagoner House
		MBMF	Meadow Brook Music Festival Ticket Office	WH	Wilson Hall

For an online version of this map, visit <http://www.oakland.edu/map>

Mailing Address

Oakland University
2200 N. Squirrel Road
Rochester, MI 48309--4401

Directions to OU: Oakland University is located in southeastern Michigan between Flint and Detroit. Our 1,441-acre campus actually extends into two cities - Auburn Hills and Rochester Hills, between Adams Road and Squirrel Road, just south of Walton Boulevard. Take I-75 to exit 79 and go east on University Drive to the main entrance of campus. Or, take M-59 to the Squirrel Road exit and go north to the main entrance of campus at the corner of University Drive.

Students should become familiar with **parking areas**, buildings and campus services. OU's parking lots are shaded in grey on the map above. The lots near classroom buildings fill quickly when classes are in session. Please keep this in mind when planning to park on campus, and remember that all vehicles must stop for pedestrians at marked crosswalks.

If you have any comments or questions about this map, please e-mail webmaster@oakland.edu.

Extension Campus Maps

Seaholm High School (Birmingham, Michigan)

http://www2.oakland.edu/registrar/ext_maps2.cfm?map=sea

Macomb University Center and Macomb Intermediate School District (Clinton Twp., Michigan)

http://www2.oakland.edu/registrar/ext_maps2.cfm?map=muc