

**OAKLAND SOCCER CAMPS  
SUMMER 2011  
RESIDENT and GK CAMP SCHEDULE**

**RESIDENT and GK CAMP- July 10-14**

- **Sunday**

11am-1pm	Check-In-Oakland University Athletics Center Lobby
1:15pm	Orientation Meeting outside of Dorms- <b>Both Commuters and Residents</b> <b>*Be Dressed for Practice</b>
2-4:15pm	Technical/Tactical Training (Lower Soccer Fields)
4:30pm	Dinner
6:30-8:30pm	6v6/8v8 Evaluation Games (Lower Soccer Fields)
9-10pm	Swimming or Down Time
10:30pm	Room Check
11pm	Lights Out

- **Monday-Thursday**

7am	Wake Up
7:30am	Breakfast
9-11am	Technical/Tactical Training (Lower Soccer fields)
11:15am	Lunch
Noon-1:45pm	Rest Period
2-4:15pm	Technical/Tactical Training (Lower Soccer fields)
4:30pm	Dinner
6:30-8:30pm	6v6/8v.8/11v11 Tournament
9-10pm	Movies and/or Swimming
10:30pm	Room Check
11pm	Lights Out

- **Thursday Additional Info.**

\*Camp will conclude with the Tournament Finals beginning at 6:30pm and an awards ceremony on Thursday evening at 8:30pm on the Lower Soccer Fields. Parents are welcome! **(Please park in the parking structure outlined on campus map)**

\*Check out of the residence halls for residents is at 9pm Thursday following the awards ceremony

**COMMUTER INFO**

- Sunday schedule includes check in at OU Athletic Center between 11am-1pm and concludes with pick up on Lower Soccer Fields Parking Lot (Lot 13) at 8:30pm
- Monday-Thursday Schedule
  - Drop Off on Lower Soccer Fields (Lot 13) at 8:45am
  - Pick Up is at 8:30pm in:
    - Lot 13
  - If Commuters want to swim then pick up will be at Hill House dorm at 10:15pm
- Tuition includes lunch and dinner (no breakfast)



## OAKLAND SOCCER CAMPS L.L.C RULES AND REGULATIONS

The following rules and regulations are established in accordance with Michigan state laws and the Oakland University ordinances and are deemed necessary for the success of Oakland Soccer Camps. Your cooperation in abiding by these rules and regulations is very important. Campers who violate these rules and regulations will be subject to disciplinary action, which may include being sent home and/or a report being made to the camper's parent/guardian. Oakland Soccer Camps participants are **REQUIRED** to abide by these rules and regulations, regardless of age.

### Major Regulations- Violations will result in immediate dismissal from Oakland Soccer Camps

- Use or possession of alcohol, illegal drugs, tobacco, fireworks or explosives, dangerous weapons or substances is prohibited.
- Intentional damage or theft of Oakland Soccer Camps, Oakland University or personal property is strictly prohibited and will result in charges.
- Tampering with fire alarms, fire-fighting equipment, elevators or other safety/security equipment is strictly prohibited.
- Members of the opposite sex, except parents/guardians and staff, are not permitted in camper's living areas and hallways.
- All campers must remain on the campus of Oakland University. No one will leave the Oakland campus area for any reason, unless given approval Oakland Soccer Camps staff. Please feel free to visit the student recreation center, bookstore, etc. during free time.
- Campers must be in and remain in their dorms by "Lights Out-11pm" each night.

### Minor Regulations- Violations will result in first warning. Repeated violations will result in eventual dismissal from Oakland Soccer Camps

- Gambling is prohibited.
- Taping or nailing items to surfaces in dorm rooms is prohibited.
- Removal of window screens and/or throwing objects from dorm rooms is prohibited.
- Soccer Shoes should not be worn off the soccer fields.
- Campers must attend ALL training sessions. Be sure to be on time for each session. (If you are sick and/or injured, report to the medical staff on the soccer fields) Be sure to report all injuries to the medical staff ASAP!
- Report any homesickness to the Executive Camp Director, Eric Pogue (248.894.9198).
- Do not lose your meal card for any reason. This meal card is your meal ticket and must be replaced at your cost, if removed.



**OAKLAND SOCCER CAMPS L.L.C**  
**Open Swim Rules and Regulations**

**\*To attend swim sessions, campers must be able to swim in four feet of water or be supervised by their parent/guardian.**

- **Please take off shoes outside pool doors.**
- **Please do not run on the deck (No horseplay on deck or in water).**
- **Food, open drink or gum is not permitted in the pool area.**
- **Listen to the lifeguard (Stop when you hear a whistle).**
- **When the diving boards are being used, the diving pool area is closed for swimming.**
- **Diving permitted only by lifeguards and only in permitted areas only.**
- **Dive straight from the boards. Do not dive off to the sides.**
- **One person on the diving board at a time.**
- **Dive only when prompted by the lifeguard.**
- **Use the appropriate stairs on the side of the diving boards (Do not cross the front of the boards).**
- **Stay off the bulkheads. Do not swim under the bulkheads.**
- **The basketball hoops and nets cannot support weight. Do not hang on the hoops like Shaq!**
- **Do not hang on the lane lines ropes....they will snap!**
- **The hot tub is NOT for use by the campers.**

## 2011 Oakland Soccer Camp Application

Name: \_\_\_\_\_  Boy  Girl

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email (Required): \_\_\_\_\_

All confirmations will be sent via email only

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
(at time of camp) (Fall 2011)

- Half-Day Camps – Boys/Girls (ages 6-13) \$140.00  
 Dates:    June 27-July 1, 2011                       July 18-22, 2011
- Full-Day Camps – Boys/Girls (ages 6-13) \$275.00  
 Dates:    June 27-July 1, 2011                       July 18-22, 2011
- Overnight Camps – Boys (ages 10-18) Roommate Request: \_\_\_\_\_  
 Dates:    July 10-14, 2011 (list one; overnight campers only)  
 Cost:      Resident                      \$525  
               Commuter                     \$465 (includes Lunch and Dinner)
- Goalkeeper Overnight Camps – Boys (ages 10-18) Roommate Request: \_\_\_\_\_  
 Dates:    July 10-14, 2011 (list one; overnight campers only)  
 Cost:      Resident                      \$525  
               Commuter                     \$465 (includes Lunch and Dinner)

**\*Group Discounts for groups of 4 or more. Here's what to do to qualify:**

1. Print out the applications for the camp ( <b>do not register online</b> )	Overnight Camp <span style="float: right;"><del>\$525</del> Now \$505</span>
2. Send applications ( <b>there must be a minimum of 4</b> ) in the same envelope to the address on the applications	Overnight Camp (Commuters) <span style="float: right;"><del>\$465</del> Now \$445</span>
3. Include checks for the discounted amount with the applications	Full Day Camp <span style="float: right;"><del>\$275</del> Now \$260</span>
	Half Day Camp <span style="float: right;"><del>\$140</del> Now \$130</span>

**ALL REGISTRATIONS MUST BE PAID IN FULL, NO PARTIAL PAYMENTS ACCEPTED**

I wish to enroll in the 2011 Oakland Soccer Camps, Oakland University, Rochester, Michigan. Neither Oakland Soccer Camps, the directors, Oakland University, nor anyone else connected with the camp assumes any responsibility for accidents (medical or dental) or any other injuries incurred as a result of attendance at this camp. The parent/guardian authorized the directors and staff of the soccer camp to act in their best judgment in any emergency requiring medical attention. The parent/guardian will furnish medical insurance for their child.

Parent/Guardian Signature: \_\_\_\_\_

Make check payable to: **Oakland Soccer Camps LLC**  
 Send application and check or money order to:  
 Oakland Soccer Camps L.L.C  
 PO Box 80884,  
 Rochester, MI 48308-0884

**OAKLAND SOCCER CAMPS L.L.C**  
**Summer Camp Medical Information and Release for Treatment**

Date of Camp: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent(s)/Guardian(s) Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Secondary Contact Source in Case of Emergency: Name \_\_\_\_\_

Telephone #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

\*\*\*\* If my child needs medical treatment while participating at Oakland Soccer Camps, I give my permission for treatment to be given immediately.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Insurance Information**

Insurance Co.: \_\_\_\_\_ Member's Name: \_\_\_\_\_

Group #: \_\_\_\_\_ Policy #: \_\_\_\_\_

ID #: \_\_\_\_\_ Service Code: \_\_\_\_\_

**Medical Information**

1. If your child is presently taking any medication, please indicate what type and why: \_\_\_\_\_

\_\_\_\_\_

2. Please list any drug sensitivities: \_\_\_\_\_

\_\_\_\_\_

3. Please list any allergies: \_\_\_\_\_

\_\_\_\_\_

4. Please list your child's medical problems and/or significant injuries that the medical staff at Oakland Soccer Camps should be made aware of: \_\_\_\_\_

\_\_\_\_\_

5. Date of your child's last tetanus shot (if known): \_\_\_\_\_

**Thank you for your cooperation in filling out this important emergency information**

**Oakland Soccer Camps L.L.C**



Welcome:

In order to provide the safest and most enjoyable camp experience possible each camper will benefit from the same sports medicine team that provides care to the Oakland University Golden Grizzlies. Each camp features:

- Athletic Trainer on site
- Board Certified Sports Medicine Physician on call

On behalf of the sports medicine team, we wish you a fun and healthy camp experience.

Sincerely,

Sami F. Rifat, M.D., FACSM  
Head Team Physician, Oakland University

*Specializing in the care of active individuals of all ages*

- Acute Musculoskeletal Injuries
- Concussions and Head Injuries
- Tendinitis and Overuse Injuries
- Running Injuries
- Breathing Difficulty with Exercise
- Neck and Back Pain
- Knee Pain and Injuries
- Foot and Ankle Problems
- Performance Enhancement
- Shoulder Pain and Injuries
- Sports Physicals



**Mailing Address**

Oakland University  
2200 N. Squirrel Road  
Rochester, MI 48309--4401

**Directions to OU:** Oakland University is located in southeastern Michigan between Flint and Detroit. Our 1,441-acre campus actually extends into two cities - Auburn Hills and Rochester Hills, between Adams Road and Squirrel Road, just south of Walton Boulevard. Take I-75 to exit 79 and go east on University Drive to the main entrance of campus. Or, take M-59 to the Squirrel Road exit and go north to the main entrance of campus at the corner of University Drive.

Students should become familiar with **parking areas**, buildings and campus services. OU's parking lots are shaded in grey on the map above. The lots near classroom buildings fill quickly when classes are in session. Please keep this in mind when planning to park on campus, and remember that all vehicles must stop for pedestrians at marked crosswalks.

If you have any comments or questions about this map, please e-mail **webmaster@oakland.edu**.

**Extension Campus Maps**

Seaholm High School (Birmingham, Michigan)

[http://www2.oakland.edu/registrar/ext\\_maps2.cfm?map=sea](http://www2.oakland.edu/registrar/ext_maps2.cfm?map=sea)

Macomb University Center and Macomb Intermediate School District (Clinton Twp., Michigan)

[http://www2.oakland.edu/registrar/ext\\_maps2.cfm?map=muc](http://www2.oakland.edu/registrar/ext_maps2.cfm?map=muc)